



Potomac Place
2133 Montgomery Avenue
Woodbridge, VA 22191

Experienced in the Art of Aging.



Coordinated Services Management, Inc.
Professional Management of Retirement Services Since 1981



Staff at your Service

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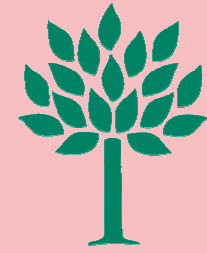
Quick & Easy Microwave Fudge

Ingredients:

3 (6 oz.) pkgs. semi-sweet chocolate chips
1 (14 oz.) can sweetened condensed milk
¾ c. chopped walnuts
1 ½ tsp. vanilla extract
Dash of salt

Directions:

In a 1 quart glass measure, combine chips with sweetened condensed milk. Microwave on 100% power for 3 minutes. Stir until chips melt and mixture is smooth. Stir in remaining ingredients. Spread evenly into wax paper lined 8 or 9 inch square pan. Chill 2 hours or until firm. Turn out onto cutting board; peel off paper and cut into squares. Store loosely covered at room temperature. Enjoy!



Karen Bayer
Thursday,
February 2nd
2:00 p.m.

**Vitas High
Tea**
Friday,
February 3rd
2:00 p.m.

**Sweetheart's
Dance:**
St. Thom Cats
Friday,
February 10th
7:00-9:00 p.m.

Norm Voss
Friday,
February 17th
2:00 p.m.

Mr. Showman
Friday,
February 24th
2:00 p.m.

Potomac Place

Events & Activities

February 2012

Potomac Place Assisted Living • 2133 Montgomery Avenue, Woodbridge, VA 22191 • 703-494-3817

SWEETHEART'S DANCE
Join Us 
Friday, February 10th
7:00 – 9:00 p.m.



FRIDAY, FEBRUARY 24TH



Mr. Showman

2:00 P.M.

Featuring Gene Rodgers



New Years Celebration

Potomac Place residents rang in the New Year in style. Residents enjoyed party favors, live entertainment by Norm Voss, and dined on prime rib and swordfish. After his dazzling performance, Norm stuck around for photo ops with the residents.



Suggestion Box

How are we doing? Let us know! We have a suggestion box located on the secretary across from our front office. Additionally, if a certain team member stands out to you for their exceptional work, please put their name in the box to nominate them for employee of the quarter. Congratulations to Mekides Kiberet from the nursing department for winning employee of the 4th quarter!

Tax Tips

Did you know the cost of personal care services that are required by an individual who is unable to perform at least two activities of daily living or who suffers from severe cognitive impairment may be tax deductible if provided pursuant to a plan of care prescribed by a licensed health care practitioner within the last 12 months? For those residents receiving basic AL services, the portion of the monthly fee which is not attributable to housing or rental fees may also be tax deductible. Feel free to call the office for more information.



Out and About in February

Grace Baptist Luncheon	Men's Lunch Out	Lunch Bunch	Popeye's Chicken
February 7 th 11:00	February 8 th 11:15	February 15 th 11:15	February 29 th 11:15

SWEETHEART'S DANCE



Friday, February 10
7:00 p.m. - 9:00 p.m.

Join us for sweet treats and dancing,
with live music performed by the St. Thom Cats,
and fall in love with Potomac Place.



POTOMAC PLACE
ASSISTED LIVING

703-494-3817

2133 Montgomery Ave., Woodbridge, VA
www.PotomacPlace.com

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ROSE MEMORY CARE CENTER SWEETHEART LUNCHEON



Saturday, February 11th at Noon
All Rose Memory Care Resident family members are invited!

MANAGEMENT OFFICE

Open Monday –
Friday 8:30am to
5:00pm
Saturday &
Sunday 10:00am
to 3:00pm

GENESIS

Physical,
Occupational, and
Speech Therapy

Location: 3rd Floor

Phone: 490-6517

HATS OFF BEAUTY PARLOR

Open Tuesday –
Saturday

Location: 3rd Floor

Phone: 490-1400