

Sunday

Monday

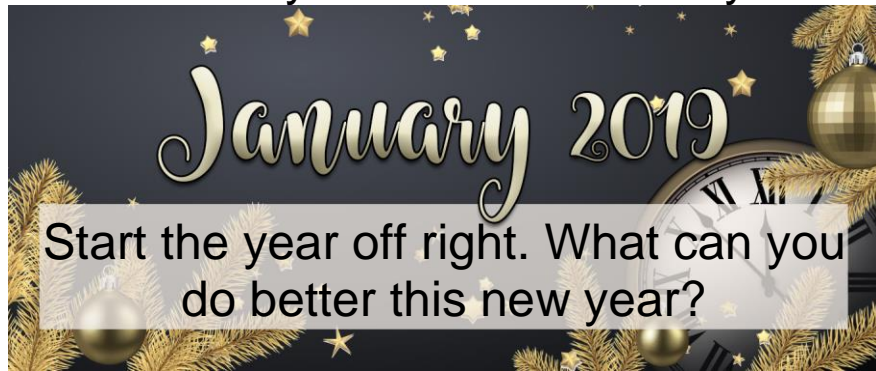
Tuesday

Wednesday

Thursday

Friday

Saturday



<p>9:45 Current Events/LB 10:15 Indoor Snowball Fight/LB 10:45 Art Club: Indoor Snowman/LB 1:00 Parachute Fun/LR 1:30 Exercises Tai Chi Style /LR 2:00 New Years' Time Capsule Social/DR 3:00 Music Hour/LR 3:30 Afternoon Bingo/LB 5:30 Evening Movie/LR</p> <p>New Year's Day</p>	<p>9:45 Walking Club/LB 10:30 Yoga, Yoga, Yoga/LR 11:45 Veterans Luncheon 1:00 What's Your Favorite Year & Why? /LB 1:30 Funny New Year's Stories/LB 2:00 Afternoon Sing-Along/LB 3:00 Color Creations/LB 4:00 Monthly Calendar Review/LR 5:30 Test Your Knowledge/LR 7:00 Evening Movie/LR</p>	<p>9:00 Woodbridge Wal-Mart Outing 10:00 Bible Study w/Bob Martin/LB 11:00 What's the Polar Bear Swim? /LB 1:15 Activities Meeting/LB 2:00 Chair Dancing/LR 2:30 Happy Hour w/ Old Dominion/DR 3:30 Music Hour/LR 4:00 Paranormal Creepy Stories/LR 5:30 Evening Movie/LR 6:00 Bingo w/Linda/LB</p>	<p>10:00 Zumba Gold/LB 10:30 Today in History/LB 11:00 Color Creations/LB 1:00 Funny Hypnotism Stories/LB 2:00 Trivia Hour/LR 3:00 Never Have I Ever/LR 3:30 Timeless Trivia/LR 5:30 Evening Movie/LR</p>	<p>9:30 Current News/LR 10:00 Chair Zumba/LR 10:45 Fun & Fellowship w/ Frist Baptist Church/LR 1:15 Christian Service w/Pastor Harvey/LB 2:15 Fresh Hot Cocoa and 20 Questions/LB 3:00 RW & AL Balloon Volleyball Game/RW 4:00 Soothing Sounds/LR 5:30 Evening Movie/LR</p>		
<p>9:15 Sunday Catholic Service/LB 9:30 Music Hour/LR 10:00 Fairfax Baptist Service Live Stream/LR 11:00 Let's Get Fit/LR 1:00 Sunday Hymn Sing-A-Long/LB 2:00 Afternoon Bingo/LB 3:00 Color Creations & Word Searches/LB 4:00 Trivia Hour/LR 5:30 Evening Movie/LR</p>	<p>9:45 What's Happening This Week/LR 10:15 Who Inspires You? /AR 11:00 Dance Session/AR 1:00 Afternoon Bingo/LB 2:00 Hand Massages/AR 2:30 Harlem Globe Trotter Tricks/LB 3:00 Zumba Gold/LB 4:00 This Week in History/LR 5:30 Evening Movie/LR</p>	<p>9:45 Rosary w/ Claudia/LB 10:15 Never Have I Ever/LB 10:30 Walking Club/LB 10:45 Lunch at Cheesecake Factory Outing 11:00 Exercises Tai Chi Style/LR 1:00 Top Music Hits of All Time/LB 2:00 Potomac Library Visit/LR 2:00 First Floor Greetings/LB 2:30 All About Birds/LB 3:00 Volunteer Opportunity Meeting/LR 3:30 Afternoon Bingo/LB 5:30 Evening Movie/LR</p>	<p>LAW ENFORCEMENT APPRECIATION DAY 9:45 Board Game Fun/LB 10:30 Yoga, Yoga, Yoga/LB 1:00 Poetry Hour/LB 1:30 Words That Start w/ Letter 'R'/LB 2:00 Afternoon Sing-Along/LB 3:00 Wheel of Fortune/LB 4:00 Weird News/LR 5:15 Serve Dinner to the PWC Police Dept - Eastern District 7:00 Evening Movie/LR</p>	<p>10:00 Bible Study w/Bob Martin/LB 11:00 How to Say Thank You/LB 1:00 Walking Club/LB 1:30 Cooking Demo w/ Susan/DR 2:30 Staff vs Residents Balloon Volleyball/DR 3:30 Music Hour/LR 4:00 What Makes You Peculiar? /LR 5:30 Evening Movie/LR 6:00 Bingo w/Linda/LB</p>	<p>9:45 Unfortunate Scenarios/LB 10:30 Reminiscing w/Harry/LB 1:00 Board Game Fun/LB 2:00 Classic Movie Friday: Chitty Chitty Bang Bang/DR 2:30 Let's Play Scrabble/LB 3:30 Pictoword Game/LR 4:00 Watching the Twilight Zone/LR 5:30 Evening Movie/LR</p>	<p>9:30 Funny Baby Videos/LR 10:00 Chair Tai Chi/LR 10:30 New Horizons Church Service/LR 1:15 Christian Service w/Pastor Harvey/LB 2:15 Trivia Hot Seat/LB 3:00 Glen Miller Concert/LB 4:00 Scattogories/LR 5:30 Evening Movie/LR</p>
<p>9:15 Sunday Catholic Service/LB 9:30 Current News/LR 10:00 Fairfax Baptist Service Live Stream/LR 11:00 Chair Tai Chi w/ Zoie/LR 1:00 Afternoon Bingo/LB 2:15 Come Get Your Nails Done/LR 2:30 Sunday Hymn Sing-A-Long/LB 3:00 Dale City Christian Church Service/LB 4:00 Dancing and Singing w/ Zoie/LR 5:30 Evening Movie/LR</p>	<p>9:45 What's Happening This Week/LR 10:15 Morning Work Out/LB 11:00 This Week in History/LB 1:00 Afternoon Bingo/LB 2:15 Cooking Club: Oatmeal Raisin Cookies/AR 3:00 Name Your Awesomeness/LB 4:00 Riddle Me This/LR 5:30 Evening Movie/LR</p>	<p>9:00 Wal-Mart Outing 9:45 Rosary w/ Claudia/LB 10:15 Morning Work Out/LB 11:00 Yatzee, Yatzee, Yatzee/LR 1:00 Learn Your Name in Morse Code/LR 2:30 Milk Shakes and Funny Topics/LB 3:00 Relaxation Music/LB 3:30 Afternoon Bingo/LB 5:30 Evening Movie/LR</p>	<p>9:45 Walking Club/LB 10:00 Weird News/LB 10:30 Yoga, Yoga, Yoga/AR 11:45 Veterans Luncheon 1:00 If You Could Have One Thing/LB 1:30 Dance Session/LB 2:00 Afternoon Sing-Along/LB 3:00 Creative Inventions/LB 4:00 Second Floor Greetings/LR 5:30 Game Night/LB 7:00 Evening Movie/LR</p>	<p>9:00 Dollar Tree Outing 10:00 Bible Study w/Bob Martin/LB 11:00 Lets Create Our Own Board Game/LR 1:00 Words that Start w/ Letter 'K'/LR 2:00 Gilligan's Island Show/LR 2:30 Milk n' Cookie's Social w/ Oldies, but Goodies Line Dancing Group/DR 3:00 Art Club: Agamograph/LR 3:30 Music Hour/LR 4:00 Brain Exercises/LR 5:30 Evening Movie/LR 6:00 Bingo w/Linda/LB</p>	<p>9:45 Exercise Tai Chi Style/LB 10:30 Reminiscing w/Harry/LB 1:15 Residents Council Meeting/LB 2:00 Color Creations/LR 3:00 Sweating Through the Oldies/LR 3:30 Staff Greeting/LR 4:00 Would You Rather/LR 5:30 Evening Movie/LR</p>	<p>9:30 What's Happening This Weekend?/LR 10:00 Hangman/LR 10:30 Morning Exercise/LR 11:00 National Hot Tea Day Discussion/LR 1:15 All Faith Christian Church/LB 2:30 Hot Tea & Cookie Social/LB 3:30 Scenic Ride Videos/LB 4:00 Fill in the Missing Letter/LB 5:30 Evening Movie/LR</p>
<p>9:15 Sunday Catholic Service/LB 9:30 Greetings and Salutations/LR 9:45 Today in History/LR 10:00 Test Your Knowledge/LR 10:30 Morning Fitness/LR 1:00 Color Creations/AR 2:00 Afternoon Bingo/LB 3:00 Trinity Baptist Church Service/LR 4:00 Riddle Me This/LR 5:30 Evening Movie/LR</p>	<p>9:45 What's Happening This Week/LR 10:15 Learning Circle: Martin Luther King/LR 11:00 This Week in History/LB 1:00 Afternoon Bingo/LB 2:00 Zumba Gold/LB 3:00 Interesting Hobbies/LB 3:30 Trivia Hour/LR 4:00 I Have a Dream Speech.../LR 5:30 Evening Movie/LR</p> <p>Martin Luther King Day Tu B'Shevat</p>	<p>9:45 Rosary w/ Claudia/LB 9:15 Outing to The Marine Corps & U.S Navy in World War 1 Art Exhibit 10:15 Zumba Gold /LR 11:00 Funny Cat Stories/LR 1:00 Fun Facts About Peanut Butter/LB 1:30 Leisure Hour/LB 2:00 Walking Club/LB 2:30 How Do You Celebrate Your Life? /LR 3:30 Afternoon Bingo/LB 5:30 Evening Movie/LR</p>	<p>9:45 What Have You Quit? /LB 10:00 Can You Name It? /LB 10:30 Yoga, Yoga, Yoga /LB 1:00 Poetry Hour/LB 1:30 Dance Session/LB 2:00 Resident Swap Meet/DR 3:00 Parachute Fun/LB 3:30 Third Floor Greetings/LB 4:00 Weird News/LR 4:00 Dinner Outing to Sakura Japanese Steakhouse 5:30 Evening Movie/LR</p>	<p>10:00 Bible Study w/Bob Martin/LB 11:00 Zumba Gold/LB 1:00 50's Music Hour/LR 1:30 Cooking Demo w/ Susan/DR 2:00 Crepe Bar Social/LB 3:15 Food Committee Meeting/LB 4:00 Brain Teaser/LR 5:30 Evening Movie/LR 6:00 Bingo w/Linda/LB</p>	<p>9:45 Walking Club/LB 10:30 Reminiscing w/Harry/LB 1:00 Scattogories/LB 1:30 Speak Out/LB 2:00 Funny Animal Videos/LB 2:00 People Hunt Bingo/LB 3:00 Color Creations/LB 3:30 Life Size Game Fun /LB 4:00 Where the Side Walk Ends/LR 5:30 Evening Movie/LR</p>	<p>9:30 What's Happening This Weekend? /LR 10:00 Card Club/LB 10:30 Morning Exercise/LR 11:00 Words That Start w/'I'/LR 1:15 All Faith Christian Service/LB 2:00 Board Games & Jigsaw Puzzles/LB 2:30 Timeless Trivia/LR 3:00 Word Searches/LR 3:30 Wii Games/LR 4:00 I Love Lucy Show/LR 5:30 Evening Movie/LR</p>
<p>9:15 Sunday Catholic Service/LB 9:30 Good Morning Potomac Place/LR 9:45 Ring Toss Game/LR 10:00 Brain Fitness/LR 10:30 Music & Movement/LR 1:00 Crafter's Corner: Bookmark Making/LB 1:30 Classic T.V. /Andy Griffith/LB 2:00 Afternoon Bingo/LB 3:15 Double Trouble/LR 3:45 What's The Next Line?/LR 4:15 1960's Flashback/LR 5:30 Evening Movie/LR</p>	<p>BLUE MONDAY 9:45 What's Happening This Week/LR 10:15 All About Australia/LB 11:00 All Things Blue/LB 1:00 Afternoon Bingo/LB 2:00 The Silhouette Game/LR 2:30 Staff vs Residents Balloon Volleyball/DR 3:30 This Week in History /AR 4:00 Pictoword Game/LR 5:30 Evening Movie/LR</p> <p>Australia Day (observed)</p>	<p>TACO TUESDAY 9:45 Rosary w/ Claudia/LB 10:00 Relaxation Stretches/LR 10:30 Lunch for Taco Tuesday at Brew Republic Bierwerks Outing 10:30 Color Creations/AR 1:00 Puzzle Time/LB 2:00 Hot Tea & Coffee Social/LB 3:00 Scary Stories/LB 3:30 Afternoon Bingo/LB 5:30 Evening Movie/LR</p>	<p>9:45 Walking Club/LB 10:00 Parachute Fun/LR 10:30 Yoga, Yoga, Yoga /LB 1:00 Afternoon Sing-Along/LB 2:00 Resident Mix n' Mingle Social/DR 3:00 Music Hour/LR 4:00 Weird News/LR 5:30 Evening Crafting/LB 7:00 Evening Movie/LR</p>	<p>INSPIRE YOUR HEART W/ ART DAY 10:00 Bible Study w/Bob Martin/LB 11:00 DC Monument & Memorial Scenic Drive w/ Lunch Provided 11:00 Zumba Gold/LB 1:00 Art Club: Glue & Chalk Art/LB 2:00 Timeless Trivia/LR 3:00 Art Club: Snow Flakes/LB 4:00 Amazing Children Art/LR 5:30 Evening Movie/LR 6:00 Bingo w/Linda/LB</p>	<p>I wish you a year that is full of blessings, success, and good health. Happy New Year to you!</p>	