

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:00 Animated Bible Tales (YT-L) 1 10:00 Virtual Church Service (YT-L) 11:00 Angels in Disguise (Tubi-L) 12:00 Rosary / Communion 01:00 Spiritual Theater: 23 Blast (NF-L) 03:00 Twilight Zone (AP-L)	<i>1</i> Birthday Salute: Cecillia W. 2 09:00 History: Labor Day (YT) 10:00 30 Min Seated Disco Workout (YT-L) 10:30 The Jazz Singer (Tubi-L) 12:00 How World War 2 Began (YT-L) 01:30-02:30 Bingo 03:00 Ernest Tolley: Entertainer (DR) Labor Day	09:00 Tommy Dorsey in Concert (YT-L) 3 09:45 Workout & singing w/ Nancy (L) 10:30 Arts & Crafts: Fall Scenes 12:00 World's Tallest Skyscrapers (YT-L) 12:30 History's Greatest Escapes (Tubi-L) 02:30 Volleyball (DR) 03:30 John Denver: Music and The Mountains (Tubi-L)	<i>4</i> Birthday Salute: Lavonne D. 4 09:00 You are this moment (YT-Spiritual Documentary) 09:30 Spiritual Journey & Hymns w/ Tim & Dale 10:30 Land of the Lost (Tubi-L) 12:00 After Lunch Movie: Miracle of 1-880 (Tubi-L) 02:00 Bingo 03:00 Miracles Around Us -	09:00 Autumn Concert: Patty Page (YT) 5 10:00 Chairumba w/ Michelle (YT-L) 10:30 The Battle of Little Bighorn (YT-) 12:00 Bohemian Rhapsody (ABC-L) Freddie Mercury Birthday! 02:00 Zumba w/ Leslie 03:00 Puzzle Wars! Get your Puzzle building team! Breezeway Breakaway Music & Conversation (L)	09:00 World Music Day Concert (YT-L) 6 10:00 Bee Gees Seated Workout (YT-L) 10:30 William McKinley Bio Pic (YT-L) 12:00 ALB: 6 Underground (NF) 02:00 Bingo 03:00 Wine & Cheese Social Conversation & Music 05:00 Dinner & a Movie: The Union (NF) Bring Your Dinner to the Library & enjoy	09:00 Air Supply in Concert (YT-L) 7 10:00 Seated Workout for beginners (YT-L) 10:30 Western Saturday: The Rifleman (Pluto-L) 12:00 Rosary / A Crime to Remember (Tubi-L) 01:00 911 the Series (ABC) 02:00 Blockbuster Movie: Forest Gump (A) Featuring: Tom Hanks 2.44 Hours Breezeway Breakaway
09:00 Awesome Bible Adventures (Tubi-L) 8 10:00 Virtual Church Service (YT-L) 11:00 Hymn's / Sing-alongs 12:00 Rosary / 60 Min. Cirque Du Soleil (Tubi-L) 02:00 Spiritual Theater: Our Souls at Night (NF-L) 03:00 The Wild West (Pluto-L) Grandparents Day	09:00 Beetle Bailey (Tubi-L) 9 10:00 30 Min Seated Disco Workout (YT-L) 10:30 Music of 66 (Tubi-L) 12:00 Musical Monday: This is The Army (Tubi-L) 02:00 Bingo (L) 03:00 History's Greatest Secrets Docuseries (Tubi-L)	<i>10</i> First Responders Grab & Go! 10 09:00 Nostalgia TV: Gunsmoke (Tubi) 09:45 Workout & singing w/ Nancy (L) 11:00 Veteran's Lunch & Documentary "A bond Unbroken" (Tubi) 12:30 After Lunch Bunch: Journey to the Center Of the Earth (Tubi-L) 02:30 Volleyball (DR) 03:30 Elvis Found Alive (Tubi)	<i>11</i> Birthday Salute: Pat B. 11 First Responder Appreciation Day 09:00 911 Observance (CBS-L) 09:30 Spiritual Journey & Hymns w/ Tim & Dale 10:30 911: As It Happened (Tubi) Documentary 12:00 After Lunch Movie: Field of Dreams (AP-L) 02:00 Bingo 03:00 All Star Special (Tubi-L)	09:00 Paul McCartney 12 10:00 Chairumba w/ Michelle (YT-L) 10:30 Virtual Trivia: 60's TV Shows 11:00 History Events for September (YT-L) 12:00 Afterlunch Bunch: Somethings gotta give (A-L) 01:00 Chocolate Milkshakes Day 02:00 Arts & Crafts (AR) 03:00 Dining Forum w/ Unisa	09:00 The Unexplained: Friday 13 S5 (YT-L) 13 10:00 Chair Zumba: Mandarin (YT-L) 10:30 History: Friday 13 (YT-L) 12:00 After Lunch Bunch: Airport (NF-L) 02:00 Bingo 03:00 Wine & Cheese Social Conversation & Music 05:00 Dinner & a Movie: Pain & Gain Bring Your Dinner to the Library & enjoy	09:00 Dan Hubbard in Concert (YT-L) 14 10:00 Seated Workout for beginners (YT-L) 10:30 Western Saturday: Renegade (Pluto-L) 12:00 Rosary / Miracles on 1-880 (Tubi-L) 01:00 Happy Birthday Sam Neill: Jurassic World (A-L) 2hrs Breezeway Breakaway 03:00-06:00 Casino Social-Family & Friends!
<i>15</i> Birthday Salute: Mary H. 15 09:00 Hanna Barbera: The Miracles of Jesus (YT-L) 10:00 Virtual Church Service (YT-L) 11:00 Angel Miracles (Tubi-L) 12:00 Rosary / St. Joseph: Our Spiritual Father (Tubi-L) 01:00 Spiritual Theater: 2 Hearts (NF-L) 03:00 Truth Seekers (Tubi)	09:00 Neil Young the 1st Decade (Tubi-L) 16 10:00 30 Min Seated Disco Workout (YT-L) 10:30 The Westerner (Tubi-L) 12:00 Musical Monday: Frankie & Johnny (Tubi-L) 02:00 Bingo (L) 03:00 60 Greatest Unsolved Mysteries & Crimes	<i>17</i> 09:00 Music Videos from the 70's (YT-L) 17 09:45 Workout & singing w/ Nancy (L) 10:30 The American West (Tubi-L) 12:00 After Lunch Bunch: Harriet (NF) Celebrating the Freedom express 02:30 Volleyball (DR) 03:30 Legend Hunters (Tubi-L)	<i>18</i> Flu Clinic 2nd Floor 18 09:00 Bible Trivia (YT-L) 09:30 Spiritual Journey & Hymns w/ Tim & Dale 10:30 Weird or What (Tubi-L) 11:00 Taste of Woodbridge : TBD 12:00 After Lunch Movie: The Forbidden Kingdom (Tubi-L) 02:00 Bingo 03:00 Life Death Reincarnation (Tubi-L)	09:00 Bio Pic: Steve McQueen (YT) 19 10:00 Chairumba w/ Michelle (YT-L) 10:30 Frank Sinatra in Concert **Read the Chronicle** 12:00 What went wrong to Catastrophe (Tubi) 02:00 Resident Council **Time Change to support an event** 03:00 AGT: Best Magic acts	09:00 Lewis & Clark (YT-L) 20 10:00 Zumba Gold Chair workout; Bhanga (YT-L) 10:30 John Lennon Goes Solo Concert 12:00 Battle of the Sexes: Doc. King Vs. Riggs 1973 (YT) 02:00 Bingo 03:00 Wine & Cheese Social Conversation & Music 05:00 Dinner & a Movie: Force of Nature (NF)	<i>21</i> World Alzheimer's Day 21 09:00 Faith Hill in Concert (YT-L) 10:00 Seated Workout for beginners (YT-L) 10:30 Western Saturday: Bonanza (Pluto-L) 12:00 Rosary / Absolute Power (Tubi-L) 02:00 Blockbuster Movie: Blind Side (NF-L) 2.9 hrs. Breezeway Breakaway Oktoberfest Begins
09:00 Bible Trivia (YT-L) 22 09:30 Lakewood Live Service (YT-L) 10:00 Virtual Church Service (YT-L) 11:00-01:00 Friends & Family Brunch Performer: Earnest Tolley 01:00 After Lunch Bunch: Jerry Maguire (A-L) 03:00 Elephant Appreciation Day: Secrets of the Elephants NG On YT-L Autumn Begins	09:00 Nostalgia TV: In 1962 The Jetsons Debuted (Tubi) 23 10:00 30 Min Seated Disco Workout (YT-L) 10:30 Ken Burns: The Civil War (AP-L) 12:00 After Lunch Bunch: They Got me Covered Featuring: Bob Hope (A-L) 01:00 Explore your scary side: Thriller: From (AR) 02:00 Bingo 03:00 Building the Golden Gate Bridge (YT)	<i>24</i> 09:00 Bio Pic: Babe Ruth 24 09:45 Workout & singing w/ Nancy (L) 10:30 Key Inventions by women (YT-L) 12:00 After Lunch Bunch: The Great Gatsby (A-L) 01:00 Fall Prevention BINGO w/ Flo 02:30 Volleyball (DR) Nostalgia TV (Tubi) 03:30 Wheel of Fortune (YT)	<i>25</i> 09:00 Hymns & Sing-alongs 25 09:30 Spiritual Journey & Hymns w/ Tim & Dale 10:30 Out on the Town: Walmart 10:30 Fact or Fiction (Tubi-L) 12:00 History's Greatest Escapes 02:00 Bingo 03:00 Board Games Bring a Friend 2 or 4 it's better with more! Cards and Puzzles welcome	<i>26</i> Birthday Salute: Gladys W. 26 09:00 Johnny Appleseed (Animated YT-L) 10:00 Chairumba w/ Michelle (YT-L) 10:30 Virtual Wod Finds & More (YT-L) 12:00 Afterlunch Bunch: A Crime to Remember (Tubi) 02:00 Grief Support Crafting With Capital Caring (L) 04:00-06:00 Vendors Happy Hour	09:00 Meat Loaf in Concert (YT-L) 27 10:00 Seated Workout for Beginners (YT-L) 10:30 Did You Know? (Trivia) 12:00 After Lunch Bunch: 23 Blast (NF) 01:00 Pain Management w/ Flo 02:00 Bingo 03:00 Wine & Cheese Social Conversation & Music 05:00 Dinner & a Movie: The Misfits (NF) Bring Your Dinner to the Library & enjoy	<i>28</i> 09:00 Leonard Bernstein in Concert (YT-L) 28 10:00 Seated Workout for beginners (YT-L) 10:30 Western Saturday: The Long Ranger (Pluto-L) 12:00 Rosary / Miracles the Power of Faith (Tubi) 02:00 Blockbuster Movie: (NF-L) 2. Ghost Buster: Frozen Empire Breezeway Breakaway 04:00 Concerto Concert (YT-L)
09:00 Daily Devotions Hymn's Sing-alongs 29 10:00 Virtual Church Service (YT-L) 12:00 Rosary / Communion 01:00 Spiritual Theater: Greater (NF-L) 02:00 Rev. Parson: Communing Dale City Christian Church 03:00 Land of the giants (AP-L)	09:00 Bio Pic: Babe Ruth 30 *Read the Daily Chronicle* 10:00 30 Min Seated Disco Workout (YT-L) 10:30 Rock Around the Clock (Tubi-L) 12:00 Musical Mondays: Tom Sawyer (Tubi-L) 02:00 Bingo 03:00 History's Greatest Hoaxes (Tubi-L)	KEY CODE Red = Event Purple = Spiritual Green = Fitness Red = Outing Blue = Outdoor Social Brown = Movie Documentary				

September 2024

Life Enrichment is subject to change if coinciding with appointments or the Residents preference / choice