

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:00-11:00 Sunday Service w/ TD Jakes (YT) The Evidence of Heaven (Tubi) 12:30-05:00 Relax & Refresh Heaven (Tubi) Snack & Chat Song Paradise AGT (YT)	09:00-11:00 Current Events (YT) Yoga with Rashmi (YT) History of Labor Day (YT) 12:30-05:00 West Indian Day Parade (YT) Music Therapy w/ Cheryl Entertainer: Earnest Tolley (DR) Man on Moon (Tubi) <small>Labor Day</small>	09:00-11:00 Morning Meditation (YT) Yoga: Leg Workout (YT) Double Platinum (Tubi) 12:30-05:00 Paper Towel Roll (AR) I'll see you in my dreams (Tubi) Snack, Chat w/ Music Trivia: Music	09:00-11:00 Daily Chronicle Dancing Yoga (YT) National Wildlife (YT) 12:30-05:00 Umbrella Toss (AR) Steel Magnolias (Tubi) Snack & Chat Bingo	09:00-11:00 Morning Prayer (YT) Boxing Yoga w/ Rashmi Fantasy Island (Tubi) 12:30-05:00 Hula Hoop Toss (AR) Miracle on I-880 (Tubi) Snack, Chat & Music I used to be Famous (NF)	09:00-11:00 Swing into the 50' & 60's (YT) Yoga: Full Body (YT) Welcome Back Kotter (Tubi) 12:30-05:00 Food Trivia (YT) Flashlight (Tubi) Snack & Chat Songs to Reminisce to	09:00-11:00 Flintstones (YT) Brady Bunch (YT) 12:30-05:00 Relax The taking of Flight 847 (YT) (Uli Dickerson Story Tubi) Snack & Chat Bingo
09:00-11:00 Sunday Service w/ Charles Stanley (YT) Before the Wrath (Tubi) 12:30-05:00 Relax & Refresh Jacob Broken by God (Tubi) Snack & Chat Golden Buzzer 2024 (YT) <small>Grandparents Day</small>	09:00-11:00 Current Events (YT) Yoga: Range in Motion (YT) The Jetsons (YT) 12:30-05:00 Plinko Toss (AR) Weather Wars (Tubi) Snack & Chat Bingo Crossing Shaky Grounds (Tubi)	09:00-11:00 Morning Meditation (YT) Yoga: For relaxation Leave it to Beaver (Tubi) 12:30-05:00 Stickball (AR) Best Acts (YT) Snack & Chat Afternoon Reminisce	09:00-11:00 Daily Chronicle Dancing Yoga (YT) Fact of Life (Tubi) 12:30-05:00 Diverted (Tubi) 9/11 As It Happened (Tubi) Snack & Chat Bingo	09:00-11:00 Morning Prayer (YT) 30 Min Yoga w. Rashmi (YT) Eagles Long Run Live (Tubi) 12:30-05:00 Paper Towel Roll (AR) National Chocolate Milkshake Day Music to Reminisce Central Intelligence	09:00-11:00 Elton John: Last Concert (YT) Yoga: Clap Workout (YT) Soap (1981) (Tubi) 12:30-05:00 Bingo (AR) I Robot (YT) Ice Cream Social/ Chocolate	09:00-11:00 Gilligan Island (YT) Happy Days (YT) 12:30-05:00 Relax & Refresh Casino Night 03:00-05:00 (DR) A Crime to Remember (Tub) Snack & Chat Family Feud (YT)
09:00-11:00 Sunday Service w/ Michael Koulianos (YT) Just a Measure of Faith (Tubi) 12:30-05:00 Relax & Refresh Let go Let God (Tubi) Snack & Chat Best Magic Acts 2024 (YT)	09:00-11:00 Current Events Standing Yoga for Seniors (YT) Golden Buzzer (YT) 12:30-05:00 Plinko Toss (AR) Relax & Reminisce Snack & Chat The Price is Right (YT)	09:00-11:00 Morning Meditation 10 min Yoga Workout Gillian's Island (Tubi) 12:30-05:00 Hula Hoop Toss (AR) And the beat goes on (Tubi) Snack & Chart Wheel of Fortune (YT)	09:00-11:00 Daily Chronicle Full Body Yoga Workout (YT) Fine Dining / Birthday Celebration 12:30-05:00 Umbrella Toss (AR) Lucky Seven (Tubi) Snack & Chat Bingo	09:00-11:00 Morning Prayer (YT) Yoga: Leg Workout Viva Las Vegas (Tubi) 12:30-05:00 Calm (YT) The Hammer (Tubi) Snack & Chat The Mask Singer	09:00-11:00 Rocking 70's Music Upper body Workout w/ Rashmi Better with you (Tubi) 12:30-05:00 Batman & Robin (Tubi) Snack, Chat & Music Name the Object (YT) Nostalgia Friday	09:00-11:00 Kate & Allie (YT) Facts of Life (YT) 12:30-05:00 Relax & Refresh Final Run (Tubi) Snack and Chat Bingo <small>Oktoberfest Begins</small>
09:00-11:00 Lakewood Sunday Service (YT) Walk by Faith Friends & Family Brunch 11:00-01:00 12:30-05:00 The Greatest Story ever Told (Tubi) Snack & Chat (Tubi) Next Level (YT) <small>Autumn Begins</small>	09:00-11:00 Current Events Energizing Chair Yoga The Finals AGT (YT) 12:30-05:00 Umbrella Toss (AR) Finding Normal (Tubi) Snack, Chat w/ Music Bingo The Wall (Tubi)	09:00-11:00 Morning Meditation Gentle Yoga (YT) 12:30-05:00 Water Painting (AR) The Special Night (Tubi) Snack, Chat & Music Family Feud (YT)	09:00-11:00 Daily Chronicle Spinal & Brain Yoga w/ Rashmi Mr. Ed (Tubi) 12:30-05:00 Crafts: Painting (AR) Safe Harbor (Tubi) Snack, Chat & Music Bingo	09:00-11:00 Morning Prayer (YT) Yoga for backpain w/ Rashmi Bay Watch (Tubi) 12:30-05:00 Crafts: Coloring (AR) Malibu's Most Wanted (YT) Snack & Chat Saved by Grace (Tubi)	09:00-11:00 Rock & Roll (YT) Easy Dance Yoga w/ Rashmi Partridge Family (Tubi) 12:30-05:00 Bingo (AR) Believe (Tubi) Popsicle Social Bingo	09:00-11:00 M*A*S*H Three's Company (YT) 12:30-05:00 Relax & Refresh Building Paradise Island (Tubi) Snack & Chat The Fire next Time (Tubi)
09:00-11:00 Sunday Service w/ Joyce Myers (YT) The Second Coming of Christ (Tubi) 12:30-05:00 Relax & Refresh Angel Miracles Reverend Carson Dale City Christian (2:00) Amazing Breakdancing (YT)	09:00-11:00 Current Events Beginner Yoga Ladies in Lavender (Tubi) 12:30-05:00 Umbrella Toss (AR) A Perfect Prayer (AR) Snack & Chat Being the Ricardo's (Tubi)	KEY CODE AR = Art Room Red = Event Purple = Spiritual Green = Fitness Red = Outing Blue = Outdoor Social Brown = Movie Documentary	<h1>September 2024</h1> <p>Life Enrichment is subjecting to change based on appointments and or Resident preference</p>			