

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>09:00-11:00 1 Hymns of Heaven (YT) Staying Strong: Joyce Myers (YT) Joyful Noise (Tubi) 12:00-05:00 Relax & Refresh Where was God Doc. (Tubi) Snack & Chat Reflection on the Lord's Prayer (Tubi)</p>	<p>09:00-11:00 2 Good Morning America Easy Yoga w/ Rashmi (YT) Group Stomping the Floor (YT) 12:00-05:00 Relax & Refresh Music Therapy w/ Cheryl Snack Chat & Music (YT) Annie (Tubi)</p>	<p>09:00-11:00 3 Morning Prayer Good Sleep Workout w/ Rashmi Clara's Heart (Tubi) 12:00-05:00 Water Painting (AR) Independence Daysaster (Tubi) Snack & Chat The Pajama Game (Tubi)</p>	<p>09:00-11:00 4 Tim & Dale Spiritual Journey Breathing Yoga w/ Rashmi (YT) AGT: Michael Jackson Impressions 12:00-05:00 The Decade you were born (1960) (Tubi) Snack & Chat The Last Stand (Tubi)</p>	<p>09:00-11:00 5 Morning Motivation (YT) Eye Yogas w/ Rashmi (YT) Mirror Mirror (Tubi) 12:00-05:00 Balloon Toss (AR) Demolition Man (Tubi) Snack & Chat Avalanche (Tubi)</p>	<p>09:00-11:00 6 David Foster in Concert (YT) Yoga with Fun w/ Rashmi (YT) Willie Nelson in Concert (YT) 12:00-05:00 Relax & Refresh Kindness Matters (Tubi) Snack & Chat The Perfect Holiday (Tubi)</p>	<p>09:00-11:00 7 Brady Bunch (Tubi) Life with Dog (Tubi) Brunch w/ W Santa: Friends & and Family 12:00-05:00 Relaxing Conversations Harlem Grace (Tubi) Snack & Chat It happened one night (Tubi)</p>
<p>09:00-11:00 8 Mix Hymns (YT) Steven Furtick: Looking for Peace (YT) Saved by Grace (Tubi) 12:00-05:00 Relax & Refresh Highway to Heaven (Tubi) Snack & Chat A Matter of Faith (Tubi)</p>	<p>09:00-11:00 9 Morning wake up news Leg Workout w/ Rashmi (YT) Japanese Dance Group (YT) 12:00-05:00 Relax & Refresh Bingo Snack Chat & Music Short Circuit (Tubi)</p>	<p>09:00-11:00 10 Morning Inspiration (YT) Shoulder Workout w/ Rashmi Miracle on the Mountain: The Kincaid Family Story (Tubi) 12:00-05:00 Relax & Refresh Not quite an Angel (Tubi) Snack & Chat Quarantine 2 Terminal</p>	<p>09:00-11:00 11 Tim & Dale Spiritual Journey 30 Min workout w/ Rashmi (YT) Unusual Scene ever (YT) 12:00-05:00 Relax & Refresh Love in the Vineyard (Tubi) Snack & Chat Saved by Grace (Tubi)</p>	<p>09:00-11:00 12 Morning News Reel Leg Workout w/ Rashmi Another Perfect Stranger (Tubi) 12:00-05:00 Coloring (AR) Flight (Tubi) Snack & Chat Big Country (Tubi)</p>	<p>09:00-11:00 13 Randy Newman Concert (YT) Vision Yoga w/ Rashmi (YT) Group Energy (YT) 12:00-05:00 Relax & Refresh Agent Cody Bank (Tubi) Residents Holiday Party Sappy Holiday (Tubi)</p>	<p>09:00-11:00 14 The Prayer Box (Tubi) Dr. Ken (YT) Parents for Christmas (Tubi) 12:00-05:00 Relaxing Conversation My Santa My Dad (Tubi) Snack & Chat Christmas Tears (Tubi)</p>
<p>09:00-11:00 15 Relaxing Hymn's (YT) Steven Furtick: You know you're tired (YT) Finding Faith 12:00-05:00 Rev. Parson Dale City Church / A Love Letter from Heaven (Tubi) Snack & Chat</p>	<p>09:00-11:00 16 Morning News Reel Dance Yoga w/ Rashmi (YT) Mind Blowing (YT) 12:00-05:00 Relax & Refresh Music Therapy w/ Cheryl Snack Chat & Music Chasing Christmas (Tubi)</p>	<p>09:00-11:00 17 Morning Blessings (YT) Clap Workout w/ Rashmi Santa Bootcamp (Tubi) 12:00-05:00 Coloring (AR) Dear Santa (YT) Nack & Chat Christmas in Wonderland (Tubi)</p>	<p>09:00-11:00 18 Tim & Dale Spiritual Journey Knee Yoga w/ Rashmi (YT) 12 Dogs of Christmas (Tubi) 12:00-05:00 Bingo Mrs. Santa Clause (Tubi) Snack & Chat Pete's Christmas (Tubi)</p>	<p>09:00-11:00 19 Morning Hymns (YT) Boxing Yoga w/ Rashmi Minnieland School Visit 12:00-05:00 Water Painting (AR) Let it Snow (YT) Snack & Chat Dash of Christmas (YT)</p>	<p>09:00-11:00 20 King Rock n Roll (Tubi) 15 Min. Workout w/Rashmi (YT) Saving Christmas (YT) 12:00-05:00 Relax & Refresh The Christmas House (YT) Snack & Chat Home for the Holidays (YT)</p>	<p><i>Birthdays Salute: Delia S.</i> 21 09:00-11:00 Shock the World (YT) Tim & Dale Caroling Journey to Christmas (YT) 12:00-05:00 Relaxing Conversation Alone for Christmas (Tubi) Snack & Chat Christmas in the Heartland (Tubi)</p>
<p>09:00-11:00 22 Gospel Hymns (YT) Steven Furtick: God Got the Hard Part Before the Wrath (Tubi) 12:00-05:00 Relax & Refresh Insight (Tubi) Snack & Chat Christmas Miracle (Tubi)</p>	<p>09:00-11:00 23 Get up America Boxing Yoga w/ Rashmi Incredible Moves (YT) 12:00-05:00 Relax & Refresh A Snow-White Christmas (Tubi) Snack Chat & Music Christmas Angel (Tubi)</p>	<p>09:00-11:00 24 Morning Meditation (YT) Arm Workout w/ Rashmi (YT) Christmas Ranch (Tubi) 12:00-05:00 Almost Christmas (YT) Christmas Eve Miracle (Tubi) Snack & Chat Christmas Eve (Tubi)</p>	<p>09:00-11:00 25 Tim & Dale Spiritual Journey Boxing Yoga w/ Rashmi (YT) A Christmas Present (YT) 12:00-05:00 Relax & Refresh Santa Claus the Movie (Tubi) Snack & Chat Christmas Snow (Tubi) <small>Christmas Hanukkah Begins</small></p>	<p>09:00-11:00 26 Morning Vibe (YT) Brain Yoga w/ Rashmi Finding Faith (Tubi) 12:00-05:00 Game Connect 4 (AR) Animal Planet: Monkey (YT) Snack & Chat Mask Singer (YT) <small>Boxing Day (Canada) Kwanzaa Begins</small></p>	<p>09:00-11:00 27 The Doobie Brother's Concert Hindi Yoga w/ Rashmi (YT) Brilliant (YT) 12:00-05:00 Relax & Refresh A wing and a prayer (Tubi) Snack & Chat Cold Zone (Tubi)</p>	<p>09:00-11:00 28 I Love Lucy (YT) Lucky's Treasure (Tubi) Final Descent (Tubi) 12:00-05:00 Relaxing Conversation Angel Flight Down (Tubi) Snack & Chat Pocket full of Miracles (Tubi)</p>
<p>09:00-11:00 29 Church Hymns (YT) Steven Furtick: When the enemy attacks (YT) Heaven Sent (Tubi) 12:00-05:00 Relax & Refresh The Greatest Miracle (Tubi) Snack & Chat Promise to keep (Tubi)</p>	<p>09:00-11:00 30 Great Day in America News (YT) Neck Yoga w/ Rashmi (YT) Speechless (YT) 12:00-05:00 Relax & Refresh Bingo Snack Chat & Music New World Order: The end has come (Tubi)</p>	<p>09:00-11:00 31 Morning Prayer (YT) Spine Workout w/ Rashmi (YT) Jamie Kennedy: New Years Eve (Tubi) 12:00-05:00 Relax & Refresh Royal New Years Eve (Tubi) Snack & Chat New Years Day (Tubi) <small>New Year's Eve</small></p>	 <h1>December 2024</h1> <p> Red = Event Purple = Spiritual Green = Fitness Red = Outing Blue = Outdoor Social Brown = Movie/ Documentary </p>			