



POTOMAC PLACE

2133 Montgomery Avenue, Woodbridge, VA

potomacplace.com • 703-494-3817

ASSISTED LIVING & MEMORY CARE

Jackpot Vibes



Residents and guests look on for the next card at the black jack table.



Director of Life Enrichment
Tina Hudson



Antoinette "Toni" Cope (left), Executive Director Fredy Montes, and Emily Jean Meir are "ready to roll!"

One of our classic community events returned this fall—Casino Night! From roulette to poker and blackjack, residents and guests had a blast at various Vegas-style games. There was also a photo booth for cute selfies and group pictures, plus plenty of drinks and hors d'oeuvres prepared by our dining team. All games were "just for fun," but donations were accepted to benefit the Alzheimer's Association.



Betty Ann Dahke (left) and Lucille Ruddy take a spin on the wheel.



Fun with the Lollipop Guild

If you love candy and dressing up for Halloween, our annual Trunk or Treat event is the place to be! Several team members dressed up as characters from the Wizard of Oz, which was a delight to kids and adults. We were thankful to see so many familiar and new faces at this year's event—perhaps they came on the yellow brick road!



Glinda
(Tina Hudson)



Dorothy (Sabita
"Sam" Sawh)
says, "There's
no place like
Potomac Place!"



Somewhere over the rainbow—in the wonderful land of Oz! Lorryne Margiotta is in the perfect place, surrounded by children, grandchildren, and a few famous characters!



Laurie Boyce poses for a photo with her visiting grandchildren.



Irmigard Clemons with the Scarecrow (Business Office Manager Alex Aleman).



From Chef Unisa's Kitchen

Loaded with fresh ingredients, this salad is full of flavor, nutrients, and crunch. Plus, it's a fun way to incorporate fruit into your winter diet.

Merry Berry Salad

INGREDIENTS

- 10 oz baby greens
- 1 cup fresh blueberries
- 1 cup fresh strawberries, quartered
- ½ cup crumbled feta cheese (or blue cheese/goat cheese)
- 1 cup candied walnuts
- White balsamic vinaigrette dressing

DIRECTIONS

Mix your baby greens in a large bowl. Top them with the berries, crumbled feta (or blue cheese/goat cheese, if you prefer), and candied walnuts. Add the dressing (to taste) and toss just before serving.



The Coordinated Services Management Community Family

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*Virginia White (left)
and Karen Allison.*



*Fall Leaves
by resident
Karen Allison*

Capturing Fall

*Kathy Spriggs
(left) and
Antoinette
"Toni" Cope.*

Residents love to experience the beauty of the autumn season. Our wonderful, wooded location is ideal for watching the seasons change and the leaves fall. The foliage has inspired artists in our painting class, producing lovely new works of art!



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